Experience	Date of the Experience
Roll down a really big hill	
Camp out	
Build a den	
Skim a stone	
Run around in the rain	
• Fly a kite	
Play conkers	
Go on a bike ride	
Make a mud pie	
Play in the snow	
Make a daisy chain Set up a gneil reas	
Set up a snail raceCreate some natural art	
Play pooh sticks	
Go to the beach	
Jump in a puddle	
Visit a farm	
Go on a walk barefoot	
Make a grass trumpet	
Hunt for fossils and bones	
Explore a cave	
Hold a scary minibeast	
Visit a zoo	

Hunt for bugs	
Find some frogspawn	
Catch a falling leaf	
Discover what's in a pond	
Make a home for a wild animal	
Bring up a butterfly	
Catch a crab	
Go on a nature walk at night	
• Plant it, grow it, eat it	
Build a raft	
Go bird watching	
Find their way with a map and compass	
Try rock climbing	
Cook on a campfire	
Find a geocache	
Perform in a play	
Learn to play an instrument	
Listen to a live orchestra	
Watch a play at the theatre	
See a ballet performed	
Learn to boil an egg	
Bake a cake	
Make a meal for somebody	

Sew a button on	
Skip with a skipping rope	
Take part in a race	
Take part in a sports after school club	
Learn Basic first aid	
Visit a place of worship	