

Rainbow Fish Class Medium Term Plan Autumn 1 2023-2024

Topic/Theme: Me and my body

	Week 1 (11.09.23)	Week 2 (18.09.23)	Week 3 (25.09.23)	Week 4 (02.10.23)	Week 5 (09.10.23)	Week 6 (16.10.23)
Weekly Focus	Starting school Staggered intake Settling into routines	Rhymes and songs	Is it me?	My body	What can we hear?	What can we smell?
English	Nursey rhymes and songs	Incy wincey spider Singing rhyme using props and water. Children to join in with sensory telling of the story using water and puppets. FA: edible spiders rolling dough	Me and my name Use feely bag and pull out children's pictures. Give picture to correct child naming child. Explore children's names both orally and in written form FA: Mirror play and responding to own name	Head, shoulder, knees and toes Sing the sing and encourage children to join in with actions touching the different body parts. Use large body outline and splat the body parts adult says. FA: washing baby doll and adult naming the body parts child touches.	I can.. Sing: If you're happy and you know it Share the I can book Encourage children to complete the different actions from the book FA: explore what children can do share symbols and adult complete action can children copy e.g. I can jump	Patter cake Explore the rhyme and use actions and probs encouraging children to join and copy actions. Children to explore the dough and manipulate in different ways. Change rhyme to include initial letter of the children's names. FA: manipulating dough
Maths	Introducing number rhymes	5 Little Ducks Singing the number rhyme Use props and take away duck each time recounting the new total. FA: exploring the ducks whilst adult sings. Ordering and lining up 5 ducks	Five little speckled frogs Sing number rhyme Count out frogs onto log Take one away and recount the total each time Order numbered frogs. FA: exploring the rhyme, counting out frogs, lining up and ordering	1,2,3,4,5 once I caught a fish alive Sing song and use props to support singing. Count out ten fish into a bowl. Scoop fish out of the bowl and count how many you have. FA: children to scoop fish and adult to count them out.	Stacking Explore stacking cups. Adult to stack the cups and count them as they stack. Then knock them down. FA: children to stack the stacking cups and other stacking blocks with adult counting eah block as they stack.	Matching items Set out a selection of animals. Children select an animal from the bag and then match it to its pair. Use interactive resource for children to match up the animals. FA: matching pairs game with animals.
Topic	Settling- rules and routines.	The sun Exploring images of the sun and the colour yellow- painting a yellow sun Rain Listening to drops of water on tinfoil. Recreating rain sounds. FA: painting the sun	My face Head, shoulders, knees and toes. Looking in mirrors at faces. Name and label eyes nose and mouth, Play touch your FA: sticking down different parts of the face.	My body Explore hands/fingers- what different things can we do with our hands- wave, wiggle, clap, tap etc. Feet/toes- explore feet and toes. What can we do with our feet/toes- stamp, wiggle, jump. FA: printing hand and foot prints.	What can we hear? Use sound buttons to share some animal sounds. Match each animal sound to the correct animal. FA: children to listen to the animal sound buttons and match to the correct animal.	What can we smell? Use I like/I don't like button and share a range of different smell bottles with the children. Encourage children to indicate smells they like/dislike using the sound buttons. FA: exploring smells and using preference sound buttons.
Sensory	Sensory related to number rhymes Splashing water- fishes in the water fishes in the sea we all jump up with a one, two three. Listening to the different sound of instruments.	Rain sounds Exploring making rain with drips and different materials.	Exploring our bodies TAC PAC	Paint with our hands and feet	Exploring yellow resources and different sensory items for world mental health day.	Smells Different smells using in a range of different places including water area and dough
Food fun	No session this week- settling in	Spider making using black icing	Oranges Exploring oranges in different forms juice, whole and sliced.	Icing sugar Exploring powdered and runny form. Making a face biscuit with icing and added body parts	Jelly Sing song wibble, wobble and then allow children to explore the jelly	Sprinkling Explore foods that sprinkle. Model using pinching fingers to pick up small items and sprinkle. Children to sprinkle sprinkles on top of a cake.
PE	Introducing the parachute	Exploring large outdoor equipment	Exploring large outdoor equipment	Using equipment and exploring going up and down.	Using equipment children to step up and down.	Using equipment children to jump off a small bench.
PSED	Building relationships with adults.	Building relationships with adults.	Building relationships with adults.	Developing awareness of others around us	Developing awareness of others around us	Developing awareness of others around us
Art and Design	Using paint sticks to mark make on a birthday flower.	Printing- printing spider using cut end toilet tubes Glue- children to squeeze PVA glue tub onto black card and then sprinkle glitter to make	Painting Exploring paint and painting faces Music session- exploring rain sounds on a xylophone. Children to make rain shakers.	Collage Collage a rainbow fish. Adult to model using glue and gluing on paper and children to stick down	Creating a poster for world mental health day using a range of different yellow resources including paint, pencils, sticking items.	Mark making with a range of smelly resources. Children to use cinnamon sticks on sand paper and fruit tea bags to make different marks.

		webs. Music session- rain sounds and rain making instruments		coloured scales using a range of different sensory materials. Music session: instrument tambourine- explore stop and go	Music session: : instrument tambourine- explore stop and go	Music session: instrument bells- explore stop and go
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